



MEALS
“Working Together to Fulfill Dreams”
108th South Atlantic Region Conference
April 28 – 30, 2017

FRIDAY, APRIL 28

A Dream Is A Wish Your Heart Makes Dinner Buffet

- Stonewall Jackson Garden Salad, Warm Rolls with Butter
- Freshly Brewed Coffee and Tea Service
- Chicken Parmesan OR Meat Lasagna
- Spaghetti with Marinara
- Fresh Green Beans with Peppers
- Red Velvet Cake OR Carrot Cake

SATURDAY, APRIL 29

Breakfast Buffet

- Selection of Fruit Juices, and Infused Water
- Seasonal Fresh Fruit
- Variety of Breakfast Baked Goods
- Assorted Yogurts and Chef’s Daily “Hot Special”
- Freshly Brewed Coffee Service and Specialty Teas

Dream Awards Luncheon

- Shenandoah Chicken Salad
Apple Walnut Chicken Salad made with a tasty combination of Grilled Chicken Breast, local apples, and tossed pecans, tossed in a light yogurt dressing. Served over Wild Greens with Cucumbers, Red Onions and Tomatoes with a choice of dressings.
- Iced Tea/Water
- Warm Rolls with Butter
- Cookies & brownies

Dream Celebration Banquet

Dinner will include Caesar Salad, Seasonal Fresh Vegetables, Warm Rolls with Butter, Freshly Brewed Coffee Service and Iced Tea and a special Anniversary Dessert.

Please choose a selection of entrée:

- Broiled Salmon Filet
Topped with Tomato Tarragon Buerre Blanc Served with Stonewall Jackson Rice Medley
- London Broil
Marinated Flank Steak, Grilled and thinly sliced Accented with Cabernet Mushroom Demi-glace
Served with Roasted Yukon Gold Potatoes
- Grilled Chicken Shenandoah
Virginia Ham and Sliced Apple with Dijon Sauce, Served with Stonewall Jackson Rice Medley

SUNDAY, APRIL 30

Dreams Do Come True Awards Brunch

- Fluffy Scrambled Eggs
- Breakfast Potatoes
- Crisp Smoked Bacon & Breakfast Sausage
- Buttermilk Biscuits & Sausage Gravy
- Grits
- Oatmeal
- Fresh Fruit
- Yogurt
- Cold Cereal
- Breakfast Breads, Muffins and Pastries
- Beverages include Coffee, Selection of Hot Teas, Orange and Apple Juice
- Omelet station
- Waffle station